



Center for Dependable Strengths • c/o Highline Community College • PO Box 98000, MS 99-285 • Des Moines, WA 98198

The Center for Dependable Strengths

“We help people plan for successful futures!”

Allen Boivin-Brown, President; Dean Summers, Coordinator

The Center for Dependable Strengths (CDS) trains professionals, in the helping professions, to facilitate the Dependable Strengths Articulation Process (DSAP), a process proven to help people improve their quality of life through meaningful work—an outcome essential to wellbeing and productivity, not only for the individual, but for organizations and businesses (as demonstrated by Martin Seligman, Richard Bolles, Marcus Buckingham, and others). DSAP is an 18-hour, peer-assisted, group process first developed by Bernard Haldane in 1945.

The heart of the process is story telling. DSAP facilitators are trained to elicit the kind of stories that illustrate a person's Dependable Strengths®—each person's special talent for excellence. CDS certifies qualified DSAP instructors. Qualifications include 35 hours of training, and at least 36 hours of experience as a DSAP facilitator. The training is accepted by Seattle University as a course for post-graduate credit. DSAP goes far beyond strengths assessment. Participants in the process reflect on their experiences in life, identify their patterns of strengths, and learn how to talk about their Dependable Strengths in ways that demonstrate their value to an organization or community.

The Dependable Strengths process is in use worldwide in schools (K-12), colleges and universities, community organizations, veterans' associations, churches, businesses, correction facilities, and human services agencies. Dependable Strengths is a highly effective approach to personal wellbeing and resiliency, job search, career planning, team building, organizational development, community participation, and more. We help people plan for successful futures!

The Dependable Strengths Articulation Process is licensed for use only by the Center for Dependable Strengths. Founded in 2002 by Bernard Haldane, CDS is a not-for-profit, 501(C)3, tax-exempt organization, governed by a volunteer Board of Directors. Administrative support for CDS is provided by the Center for Learning Connections, Highline Community College, Des Moines, Washington.

Demand for Dependable Strengths training has led to the establishment of our East Coast Regional Center (Libertytown, Maryland), our Midwest Regional Center (Minneapolis, Minnesota), the Dependable Strengths Foundation (Johannesburg, South Africa), and the China Center for Dependable Strengths (Shanghai, China).

In Washington State, agencies with staff trained by CDS in the Dependable Strengths process include the University of Washington, community and technical colleges, Local Planning Areas, tribal organizations, DSHS Division of Vocational Rehabilitation, DSHS Division of Services for the Blind, and the Olympic Community Action Programs.

Agencies licensed by CDS as Dependable Strengths Providers include the Center for Lifelong Learning (Luther Seminary, St. Paul, Minnesota), the University of Maryland Baltimore County Career Services, the University of Washington Career Center, and the Washington Occupational Information System (Olympia, Washington).